

**1963 WELCOME TO ASCENSION**

**VE YOUR PEOPLE, OH GOD, AND BLESS YOUR INHERITAN**

We are only allowing **between 22 and 44 people in Church**  
**and 20 people in Church Hall**

SUN	MAR 7	<b>3<sup>rd</sup> SUNDAY OF THE GREAT FAST VENERATION OF THE CROSS (3<sup>rd</sup> ALL SOULS)</b> Heb 4:14-5:6 Mk 8:34:9-1 11:00 Divine Liturgy for Our Parishioners and + Daniel Gavulich by Donna Ross and Greg Pula
Tus	Mar 9	8:30am Divine Liturgy for Our Parishioners and HGB Patricia Duttry and Ann Kelly by Fr. Alex 4:15 -6:00pm Office hours in Church (Fr. Alex) 6:00pm <b>Advisory Board Meeting</b>
Wed	Mar 10	8:30am Divine Liturgy for Our Parishioners and HGB Lee Alexander, Thomas McGraw and Steve Guethe by Fr. Alex After Moleben to the Theotokos -Special Intentions-For Peace in Our Country
Thu	Mar 11	8:30am Divine Liturgy for Our Parishioners and HGB Adithia, Sasha, Abraham and Gabriel Kusno by Fr. Alex After <u>Short Bible Reflection</u> 6:00pm <b>"ROSARY" Prayer for Protection and Healing</b> of the coronavirus and all serious illnesses by Men's Club
Fri	Feb 12	<b>5:30pm</b> Divine Liturgy of the <b>Presanctified Gifts</b> for Our Parishioners and + Cecelia Kokinda (wife) by Eugene Kokinda
SUN	MAR 14	<b>3<sup>rd</sup> SUNDAY OF THE GREAT FAST VENERATION OF THE CROSS (3<sup>rd</sup> ALL SOULS)</b> Heb 6:13-20 Mk 9:17-31 11:00 Divine Liturgy for Our Parishioners and HGB Lisa Edwards and Dr. Mary Jean Sotack by Fr. Alex

# God bless America!!!

## Prayer to Guardian Angel

Angel of God, my guardian dear, to whom His love commits me here:  
ever this day be at my side, to light and guard, to rule and guide. Amen

**We Would Welcome Some Helping Hands to Keep Our Church Clean and Disinfected. Due to Covid 19 We Still Need to Clean the Church Before and After Every Liturgy. If You Would Like More Information, or If You Can Help, especially on a Monday or Wednesday, Please Speak with Kathy Alexander (566-8637) or Linda Lechman (714-3515).**

**THANK YOU TO ALL THE PEOPLE WHO DONATED SUPPLIES FOR CLEANING OF CHURCH. FROM LINDA AND KATHY, THANK YOU EVER SO MUCH.**

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Happy March Birthdays  
2nd Myron Kotyk; 21nd Josiah Cook; 14th Bladimir Hunter  
21st Seraphima Joan Collins; 25th Ron Ruszkowski

**FINANCIALS Feb. 28, 2021**  
**Total Contributions:** Monthly Dues -160.00 Offertory -1,304.00 Fuel - 10.00 Candles -47.00 ECL - 10.00 Non-Monetary Donation - 89.14  
**IN - \$ 1511. 00; OUT - \$ 360.88**

**Read Full Bulletin online [www.ascensionva.org](http://www.ascensionva.org)**

## BIBLE STUDY

1. The Liturgical Bible Study ministry surveying the weekly readings, led by Michael Bracelin, will resume starting March 21st at 9:30 am in the Hall. All are welcome to participate as one is able. Simply bring yourself and a bible if you have one!
2. Beginning later this Spring we will launch a new bible study following the Adventure Bible Series created by Ascension Press. It will take place during a weekday on a manageable semi-monthly basis. We hope to offer food, community, and of course an easy to understand exploration of the Holy Scriptures! If interested please contact Michael Bracelin ([michael.bracelin@gmail.com](mailto:michael.bracelin@gmail.com)) or Dr. Mike Lechman ([maclech@aol.com](mailto:maclech@aol.com)) via email or at Church.

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The weekly liturgical readings Bible study, led by Mike Bracelin, will resume March 21st at 9:30 am."

If you are interested in attending a bi-weekly Bible study that takes place during a weekday late afternoon/evening, which teaches you how to understand the "grand story of the Bible," please find out more by finding Dr. Mike Lechman or Mike Bracelin at church on Sunday, or email us at [Michael.bracelin@gmail.com](mailto:Michael.bracelin@gmail.com).

We have several faithful from Ascension who are in need of special prayer. Some of those who need special prayer are:  
*Ann Harmeyer, Chris Janke, Mary Grace Dorsey, Adithia and Sasha Kusno, Patrick Cook, Betta Labanish, Betty May Hertz*  
Thank you. Fr. Alex

### Candles for March:

Sanctuary...HGB Margan Family...Requested by Katarina Margan  
Tetrapod...HGB Our Parish Family  
Theotokos & Child... HGB Morgan and Kevin Kelly...Requested by Ann Kelly  
Christ Teacher...HGB Patrick Alexander & Family Requested by Lee & Kathy Alexander  
John Baptist...HGB John Alexander Requested by Lee & Kathy Alexander  
St Nicholas...For Our Parish  
Protection of the Theotokos...Helen & Merrill LeBlanc by Peter & Lisa Margan

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**"Brothers and sisters, our return journey to God is possible only because He first journeyed to us. Otherwise, it would be impossible. Before we ever came to Him, He came down to us. He preceded us; He came down to meet us. For our sake, He lowered Himself more than we can ever imagine: He became sin, He became death... Our journey then is about letting Him take us by the hand."**

*Pope Francis*

*Dear God, I pray that Your divine guidance will lead me in such a way that I too, will be able to experience the Spirit's gracious touch upon my life. Amen.*

**Are you aware of any organization or church that is selling used church pews? Desired length 12 feet. If so, please speak to Thomas (Tom) McGraw tel: (804) 932-8098**

What are you doing Grandpa?"

"Oh, hello Abbie. Well, I'm winnowing some basil seed I stored over winter."

"What's that Grandpa?"

You see these little seed pods here in my hand. Well inside each one is a number of seeds that I can plant, and each seed will grow into a basil plant. You just take the pod and rub it between your fingers like this to loosen the husk, we call that chaff. You see, this releases the seeds and everything goes into this bowl, the chaff along with the seeds. After I do a few, I gently blow over top of the seed and all of the husks blows right out of the bowl. Watch."

"How come the seeds stay at the bottom of the bowl?"

"Well the seeds are heavier with the promise of a new plant, and the chaff is very light. The air lifts the chaff out of the bowl and the seeds are left behind. Here, you try. Blow gently now. That's it; now you got it. We do this for all types of small seed, parsley, mint, dill; you see all seeds have a shell or a husk you have to remove before it will grow properly."

"What if you don't winnow these seeds Grandpa?"

If you were to just plant seed pods in the ground, like a whole green bean or an ear of corn you would not get good growth. You would never reach the seeds full potential. Many of the seeds would rot. A few might survive and germinate, but they would come up together. Left alone, they would never achieve their full potential. The crop would fail. It is always better to separate your seed.

"You know Abbie, each of us have a lot of potential, just like the seed. " "We do?"

That's right, God gives us so many gifts and abilities. Sometimes though, we are surrounded by chaff, like bad habits, poor attitude or just laziness, or we hang out with people, who lead us into trouble. We never grow to reach that full potential using the gifts God gave us. Sometimes, I even think God gives us a winnowing, a wake-up call, to help us realize that we need to clear the chaff out of our life so as to let our gifts germinate and grow."

So is God going to blow on me too?"

"Well, He could, in a way, but it works a little different for people Abbie. Here comes Mommy."

"Mommy, mommy; Grandpa and I are winnowin seed; and God is going to blow on me so I can grow my seeds to!"

"Well baby that's fine.....just fine..... OK Dad, what have you've been telling Abbie now?"

God, please give me the wisdom and understanding to clear away the chaff in my own life, so that I may grow in you. Amen.

Love Dad

## HRAMOTY

There is an envelope for the 5 All Souls Saturdays (which we celebrate on Sunday mornings) in your pack of envelopes. Please write on the card all changes to the list of deceased members of your family to be remembered in prayer. If there are no changes, please write "*no changes*". The offering should be for Father Alex Shuter, not Ascension.

THURSDAY, MARCH 4, 2021

**"We must beware of spiritual laziness: we are fine, with our prayers and liturgies, and this is enough for us. No! ... praying never means avoiding the difficulties of life; the light of faith is not meant to provide beautiful spiritual feelings. No, this is not Jesus' message. We are called to experience the encounter with Christ so that, enlightened by His light, we might take it and make it shine everywhere. Igniting little lights in people's hearts; being little lamps of the Gospel that bear a bit of love and hope: this is the mission of a Christian."**

Pope Francis

## **Psalm 1**

**Blessed are they who hope in the Lord.**

Blessed the man who follows not  
the counsel of the wicked  
Nor walks in the way of sinners,  
nor sits in the company of the insolent,  
But delights in the law of the LORD  
and meditates on his law day and night.

**Blessed are they who hope in the Lord.**

He is like a tree  
planted near running water,  
That yields its fruit in due season,  
and whose leaves never fade.  
Whatever he does, prospers.

**Blessed are they who hope in the Lord.**

Not so, the wicked, not so;  
they are like chaff which the wind drives away.  
For the LORD watches over the way of the just,  
but the way of the wicked vanishes.

**Blessed are they who hope in the Lord.**